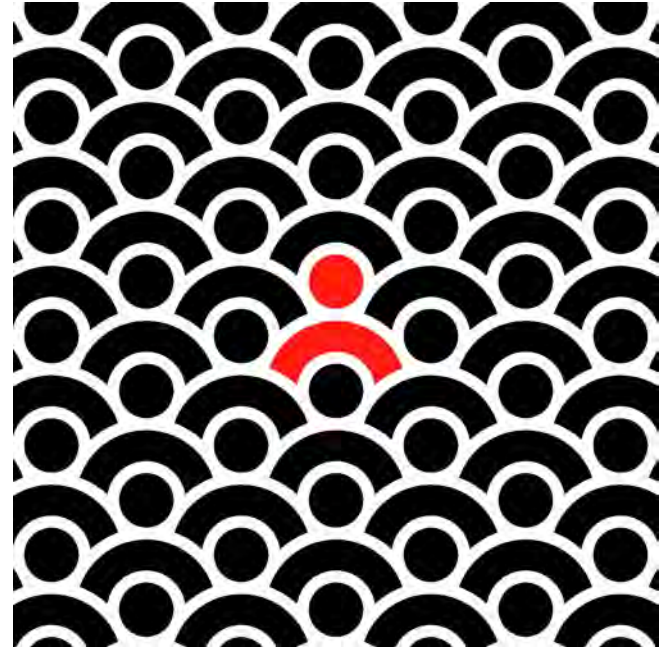


What is a Good Leader?

Leadership is about what we do.
It's not about the job we have.
For example, our groups have
presidents and chairs. Leadership is
not about your title, but really about
what actions you take when you are
doing that job to create change.



To Be a Leader You Must Believe That You Can Lead

- You have to believe in yourself.
- Believe you can make change happen.

What gets in the way of you believing in yourself as a leader? What are the barriers?





To be a Leader you must be committed to keep learning new leadership skills throughout your life.

It doesn't matter how long you've been involved in self-advocacy —there are always new things to learn and better ways to lead.

Name something you have learned about being a leader?



Leadership Is About What We Do.

For example, getting elected president of a group does not make you a good leader.

Leadership is about what you do as president. What actions you take to create change.

Leadership - Does Not Have to Come From Above

Typically when you think of leadership, we look up.

We look to the people who are in the top positions

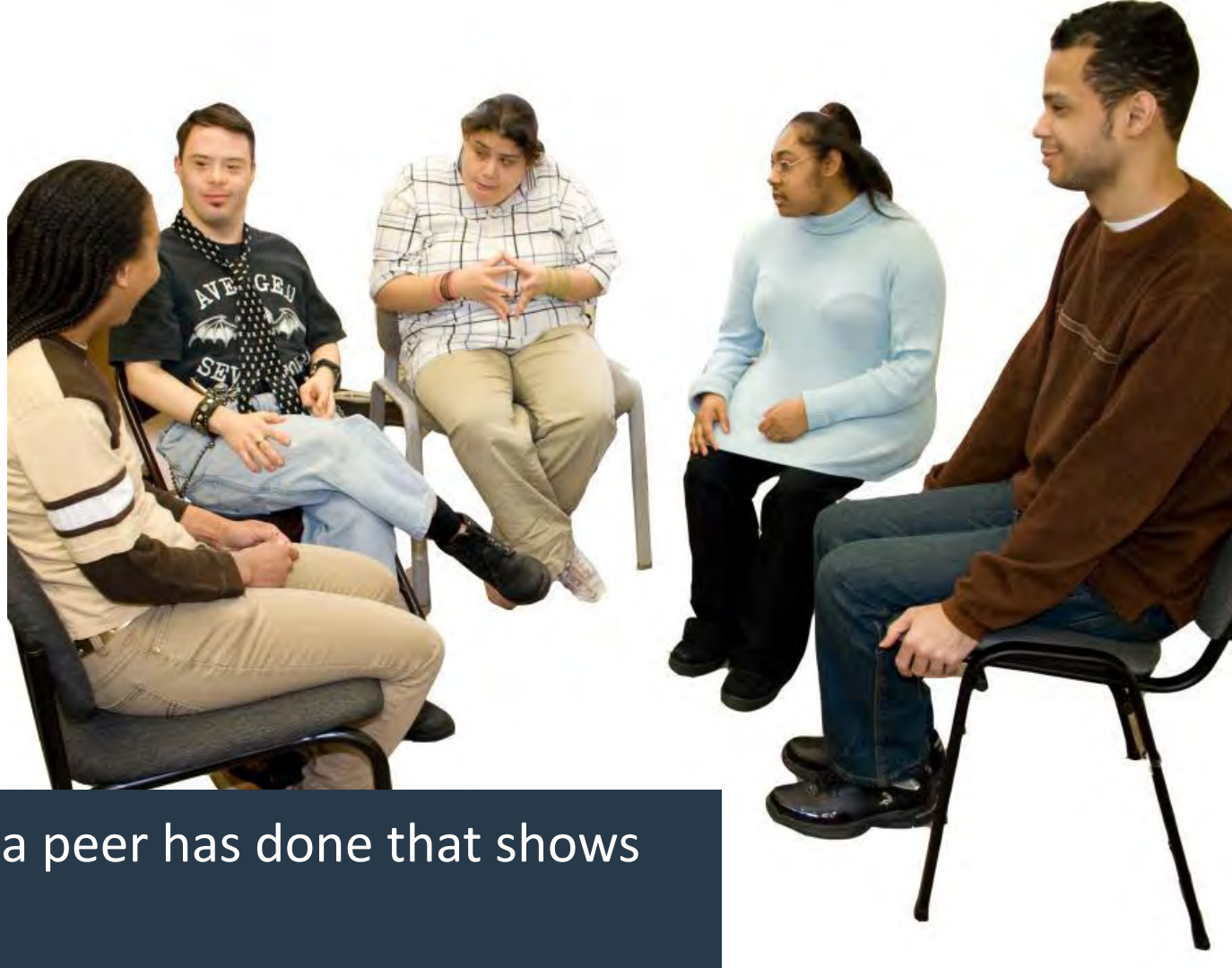
Often when we say the leader we are referring to a person in a certain job – like the president of your group, the boss at work, the director of an agency

So this idea of looking up for leaders, is really a bad idea.



Leadership

**Can Come
From Anyone
in the Room.
Any member of
a group can be
the leader.**



Describe something a peer has done that shows they are a leader?

Leaders Live In The Future



The #1 goal of leadership is to make change happen.

Leaders are not interested in keeping things the same. They want to change the way things are.

Leadership Tip:
In any moment you can ask a question.

Leadership Is All About Relationships

- Work to establish relationships based on trust and goodwill.
- The TOP GOAL for meetings is to make a personal connection with others.
- Having relationships before you have to ask for important things, make all the difference.

Leadership Tip: At any moment you can compliment someone. You can bring appreciation into the room.



We took this list of leadership skills from Speaking Up for Us of Maine. It really helps to have a list of skills to learn when becoming a leader. Here is the list from Maine





What talents do I have that I can use more when being a leader?



I want to be more curious and ask more questions



I need to get better at saying what I want even when it is not popular



I want to do better at managing my emotions so others can really hear what I am saying



I need to Slow down more to hear how others are reacting to me



I want to work on being an ally to others who have diverse backgrounds

This cheat sheet called of skills.

Pick one skill you are good at.

Think of an example of how you are doing this right now.