

July 11

How Person Centered Planning is Working for Us

SARTAC will share a list of federal rules for person centered planning. We will spend most of our time in small group discussions.



1. You must be involved in making your person-centered plan
2. You will lead your person-centered planning process where possible.
3. You must get the information and support you need to help you direct your planning meetings. You must also get the information and support to help you make informed choices and decisions.
4. You choose the people to include when making your plan. You decide who will be at the meetings.
5. If you have a guardian, you get to decide how much they are involved in making your plan. Unless, the guardianship laws in your state say your guardian decides what is in your plan.

Now in your small groups talk about:

1. How it is going for you and other self-advocates to run your person centered planning meeting.
2. Are you getting the help you need to learn how to run your planning meetings?
3. Do you get to choose who comes to your meetings
4. Are you getting the help you need to learn how to make decisions about what is in your plan?



6. You decide what day and time to meet to make your plan. You decide where to hold the meeting.
7. People have lots of different parts of who they are. Race, gender, religion, sexual orientation, and more are all part of a person. Your plan should reflect who you are. It must reflect your culture.
8. Your plan must be written in plain language. Your plan should only use words you understand.
9. The meetings about your plan must be in plain language.
10. If you are learning how to speak English, your meeting must have a interpreter who speaks your language. For example, if you speak Spanish, there must be a Spanish interpreter.

Now in your small groups talk about:

1. Do you and others get to pick the time and place of your meetings?
2. Do people respect your culture and include what is important to you?
3. Is your plan in plain language?
4. Do people talk in plain language at your meeting?
5. Do they provide an interpreter if you are just learning how to speak English



11. You must be given an Opportunity to look for a job..
12. The right to **choose where to live**. The Rule says that you need to have choices about where to live. You can't only be given one choice. .
13. *You* choose where you get your services. You also have the right to **choose who gives you services**.
14. There must be a plan of what to do when people do not agree. What steps you will take when there is a conflict during your meeting.

Now in your small groups talk about:

1. Does someone at your meeting ask if you want to look for a job?
2. Are you given more than one choice of where you can live? Do you decide where you live?
3. Do you decide who gives you services?
4. Do you decide where you get services?

