



# Teamwork Makes the Dream Work

Leadership Training Series

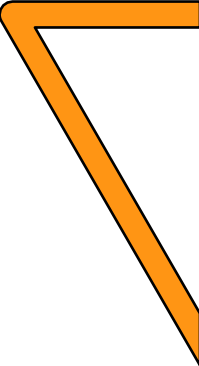
The course teaches people with intellectual disabilities (and their supporters) basic leadership skills, etiquette in communicating with influential people (such as legislators), and how to behave in a professional setting.

The program includes original videos, and interactive webinars for each topic which are easy to access and share on multiple platforms. Videos also make the content engaging, easy to digest and memorable for our target audience.



# What is leadership?

**Definition:** The action of leading a group of people or an organization.

- 
- Work with a group or organization toward a common goal
  - Organize tasks
  - Problem solve
  - Use everyone's strengths



## **Don't Overpromise!**

- What are you promising to do?
  - Full or part time?
  - Virtual or in person?
  - Who will support you?
  - What are your responsibilities?



### **What is Required for the Job?**

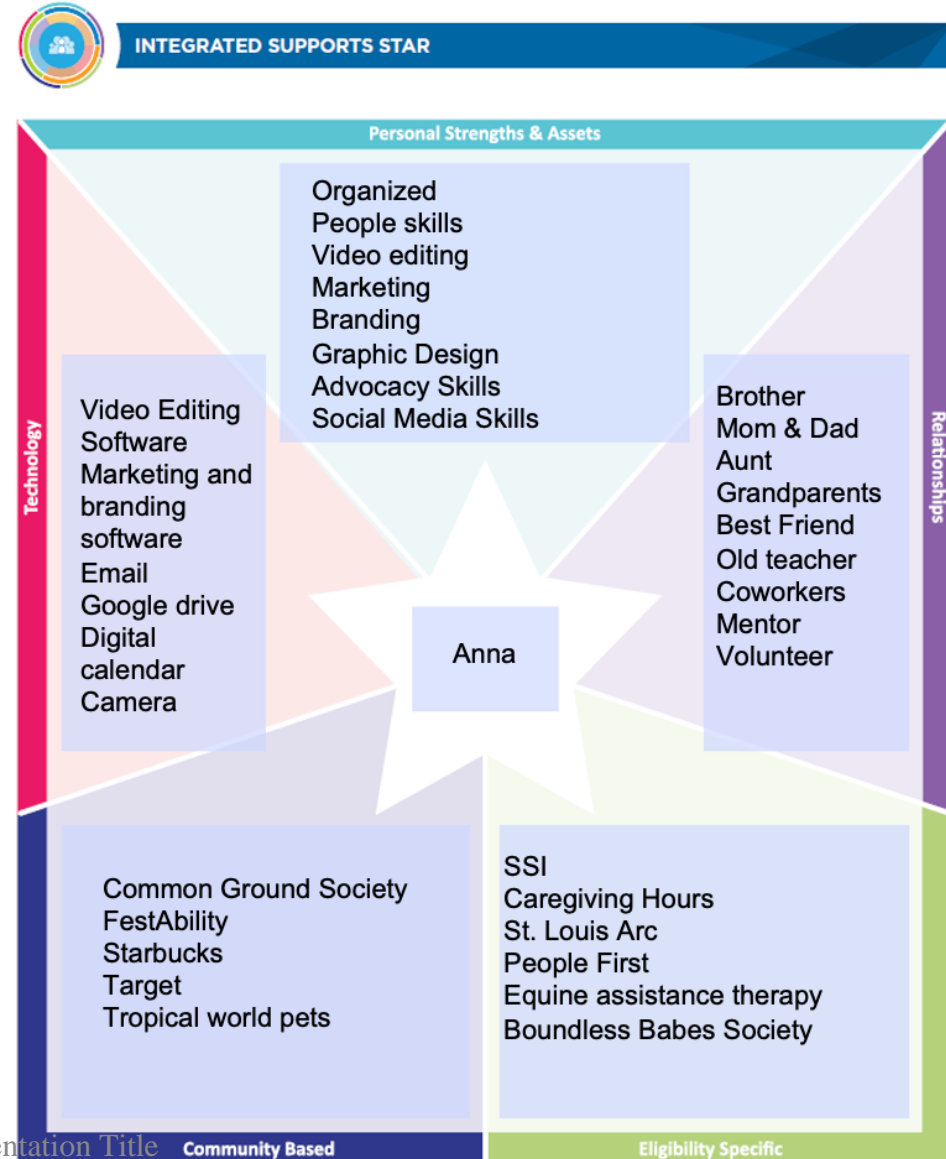
- What are your other commitments in other groups?
- Do you have capacity for what you are promising?
- Can you do this? What are your skills / resources?



3

Let's look at a helpful activity for determining these factors!

## Support Star Example



# Do you want to do it?

4

## **We Do Well at Things We Enjoy**

- Would you enjoy doing this?
- Would you rather do something else?
- Can you talk to someone who has done something like this, for advice?



Anna Montaldo

[cplifeonyt@gmail.com](mailto:cplifeonyt@gmail.com)

[www.gocplife.com](http://www.gocplife.com)

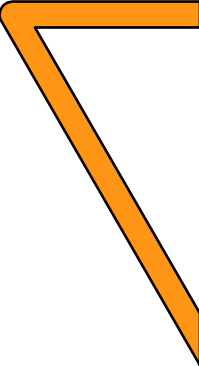



“The Self Advocacy Resource and Technical Assistance Center (SARTAC) seeks to strengthen the self-advocacy movement by supporting self advocacy organizations to grow in diversity and leadership. The resource center is a project of Self Advocates Becoming Empowered (SABE), the oldest national self-advocacy organization in the country. SARTAC is a Developmental Disabilities Project of National Significance, funded by the Administration for Community Living – Administration on Disabilities (AoD). The information in this manual was written to provide guidance for self Advocates and their allies to assist in understanding policy issues affecting their lives. It is not to be used to determine a person's legal rights or an organization's legal responsibilities under Section 504 of the Rehabilitation Act of 1973, as amended; the Americans with Disability Act of 1990, as amended or any other federal, state or local laws written to protect the rights of people with disabilities.”





The Missouri Developmental Disabilities Council is proud to serve as the host organization for Anna Montaldo, 2023 SARTAC Fellow. MODDC support this project through technical assistance and advising.



“This publication is supported in part by a cooperative agreement from the Administration on Disabilities, Administration for Community Living, U.S. Department of Health and Human Services. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration on Intellectual and Developmental Disabilities policy.”