

# The Power of Poetry Social Media Posts

This is an example of the social media toolkit we sent out prior to the poetry workshop. It is meant to be a guide. Please feel free to make changes to fit your needs.

## Facebook and Instagram:

### Post 1

Calling all poets and aspiring writers with disabilities! Don't miss out on The Power of Poetry Workshop led by @SARTAC1 Fellow, Ocean C. Poet. This workshop will explore how poetry can be used as a tool for expression and self-advocacy.

Join us on May 24th, 2023 from 4:30pm - 6:30pm on Zoom. Registration is free, but spots are limited!

Register now and let your words be your protest: [Insert Link]

#SARTACFellow2023 #SARTAC #ArtsActivism #ThePowerofPoetry #TheArcMinnesota

### Post 2

Do you believe that art can change the world? Join us for The Power of Poetry Workshop on May 24th, 2023 from 4:30pm - 6:30pm. Come learn how poetry can be a powerful tool for self-expression and advocacy. Don't miss out on this opportunity to connect with fellow disabled artists and make a difference in your community.

This workshop is hosted by Ocean C. Poet and sponsored by The Arc Minnesota for the @SARTAC1 Fellowship. Registration is free, but spots are limited!

Register now and let your words be your protest: [Insert Link]

#SARTACFellow2023 #SARTAC #ArtsActivism #ThePowerofPoetry #TheArcMinnesota

### Post 3

Join us for an incredible workshop exploring the intersection of poetry and self-advocacy for people with disabilities! The Power of Poetry Workshop will be held on May 24th, 2023 from 4:30pm - 6:30pm on Zoom, with Ocean C. Poet. This is an opportunity to learn self advocacy skills and create positive change through art.

This workshop is sponsored by The Arc Minnesota for the @SARTAC1 Fellowship. Registration is free, but spots are limited!

Register now and let your words be your protest: [Insert Link]

#SARTACFellow2023 #SARTAC #ArtsActivism #ThePowerofPoetry #TheArcMinnesota

## Twitter

### Post 1:

Calling all poets & aspiring writers w/ disabilities! Join SARTAC Fellow, Ocean C. Poet for The Power of Poetry Workshop exploring poetry as a tool for self-advocacy. May 24, 430-630pm on Zoom. Hosted by @thearcminnesota

Register now: [Insert Link]

@SARTACenter

### Post 2:

You're Invited! Join Ocean C. Poet for The Power of Poetry Workshop on May 24th, 2023, 4:30-6:30pm on Zoom. Learn self-advocacy skills & create positive change through art. Hosted by @thearcminnesota

Register now: [Insert Link]

#SARTACFellow2023 @SARTACenter

## Post 3:

Don't miss The Power of Poetry Workshop with @SARTACenter Fellow, Ocean C. Poet, exploring the intersection of poetry & self-advocacy. May 24th, 2023, 4:30-6:30pm on Zoom. Hosted by @thearcminnesota.

Register now: [Insert Link]

#SARTACFellow2023

## Alt Text for Flyer:

A flier with text that says: The Artistic Self-Advocacy Movement Presents: The Power of Poetry Workshop. Date and Time: May 24, 2023 4:30pm - 6:30pm. Location: Held on Zoom. About the workshop: Join SARTAC Fellow, Ocean C. Poet, for the Power of Poetry Workshop! Come explore how poetry can be used as a powerful tool to inspire change and advocate for human rights for people with disabilities. We will read and write poetry and share our work with each other. Whether you are a beginner or an experienced poet, this workshop is space for you to try new things, learn and grow. Register now to secure your spot!" Followed by the logo's for Self Advocates Becoming Empowered, The Arc Minnesota, and SARTAC

# The Artistic Self-Advocacy Movement Presents:

## The Power of Poetry Workshop



**Date and Time:**

**May 24, 2023**  
**4:30pm - 6:30pm**



**Location:**

**Held on Zoom**

### About Workshop

Join SARTAC Fellow, Ocean C. Poet, for the Power of Poetry Workshop! Come explore how poetry can be used as a powerful tool to inspire change and advocate for human rights for people with disabilities.

We will read and write poetry and share our work with each other.

Whether you are a beginner or an experienced poet, this workshop is space for you to try new things, learn and grow.

**Register now to secure your spot!**



**SARTAC**  
Self Advocacy and Beyond

# SARTAC Disclosures

“This publication is supported in part by a cooperative agreement from the Administration on Intellectual and Developmental Disabilities, Administration for Community Living, U.S. Department of Health and Human Services. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration on Intellectual and Developmental Disabilities policy.”

“The Self Advocacy Resource and Technical Assistance Center (SARTAC) seeks to strengthen the self-advocacy movement by supporting self advocacy organizations to grow in diversity and leadership. The resource center is a project of Self Advocates Becoming Empowered (SABE), the oldest national self-advocacy organization in the country. SARTAC is a Developmental Disabilities Project of National Significance, funded by the Administration For Community Living – Administration on Intellectual and Developmental Disabilities (AIDD). The information in this manual was written to provide guidance for self Advocates and their allies to assist in understanding policy issues affecting their lives. It is not to be used to determine a person's legal rights or an organization's legal responsibilities under Section 504 of the Rehabilitation Act of 1973, as amended; the Americans with Disability Act of 1990, as amended or any other federal, state or local laws written to protect the rights of people with disabilities.”