Fellowship Project:
“The Artistic Self Advocacy Movement”

Host: Brittanie Hernandez-Wilson,
The Arc of Minnesota

State: Minnesota

Ocean Poet
Pronouns he, his, him

The Arc
Minnesota
About My Project

- My goal was to create art workshops that explore the power of art as a form of self-advocacy.
- I created painting and poetry workshops to bring my community together.
- It was amazing!
The Artistic Self-Advocacy Movement
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WHAT I LEARNED AS A FELLOW

Examples:

• That I am a voice for my community. I can speak confidently and change the world!

• How to talk about my project with self-advocates and the public

• How art can be a form of self-advocacy

• How to use Canva

• How to lead a art workshop
The Artistic Self-Advocacy Movement Creative Workshop Handbook

► Your guide to re-create my self-advocacy and art workshops.

Created By: Ocean C. Poet
RESOURCES CREATED

The Artistic Self-Advocacy Movement Creative Workshop Handbook sections:

- Planning the workshop
- Before the workshop
- Workshop planning tips
- During the workshop
- After the workshop
- Resources used

Plan The Workshop
Plan where you want the workshops to be held.

1. Meet in-person
   Decide where your meeting spot will be. What makes a good meeting spot?
   - All people can access the space.
   - Easy to find.
   - Enough room for everyone in the group.
   - Near public transportation.
   - Open and available to host your meetings.

2. Meet online
   If you host your workshop online, you will need to think about...
   - Do people need training on how to use the online tool?
   - Does everyone have the technology they need?
   - What program do you want to use for your meeting?
     - Facebook
     - Zoom
     - GoogleMeet
     - Microsoft Teams
     - Skype

3. Combo! Meet in person and others can join online
   You would need to choose a place that would be able to provide technology.

What meeting type would be best for your workshop?
The Power of Protest Art Power Point Slides

The Self Advocate Artistic Movement
Power of Protest Art Workshop

Presented By SARTAC Fellow: Ocean C. Poet
The Power of Protest Poetry Power Point Slides

The Self Advocate Artistic Movement

Power of Poetry Workshop

Presented By SARTAC Fellow: Ocean C. Poet
RESOURCES CREATED

YOUR ART IS YOUR WORDS,

YOUR WORDS ARE YOUR ART,

YOUR ART IS YOUR PROTEST!

Poetry Book

Poems From: The Protest Poetry Workshops
What Self Advocacy Means To Me

Self-advocacy to me means having a voice and sticking up for what is right
Self-advocacy to me means having a voice in my community and not being hidden away
I advocate to keep my staff
I advocate to be paid a livable wage and keep my benefits
I advocate for my right to love and to be married
I will continue to advocate for myself to matter how long it takes
My voice matters
Your voice Matters
I believe anyone can be a self-advocate.

Written by: Jeff White
• Listening is very important when it comes to leadership.
• Communication is also important.
• Making sure the language spoken or written is plain and understood.
• Team work helps to shape one's leadership.
• Giving people a platform so their voices can be heard is a form of leadership.
• Art is a powerful form of art advocacy
• I made new contacts that have connected me with LGBTQIA support group.
WHAT WAS THE ROLE OF THE HOST?

• Met weekly with Ocean to keep track of the project
• Provided a space and materials for the workshop
• Set up the Zoom meetings for virtual participation
• Communicate with participants to get the photo release forms
• Helped Ocean fill out a Microgrant to get a computer desk and bed frame.
• Our organization has learned so much!
• What did this project teach you that you would like to develop into a career?
  • I would like to continue to hold workshops on self-advocacy for people with disabilities using art. Especially to transgender youth.
  • I will be applying for a grant to create a film that centers disabled people in the LGBTQ community.
    • I’ve been speaking to the Director of “Film North” to get a mentorship.
  • I am going to be a part of the Equity and Justice Committee at The Arc Minnesota.