



Ocean Poet
Pronouns he, his, him

Fellowship Project:

“The Artistic Self Advocacy Movement”

Host: Brittanie Hernandez-Wilson,
The Arc of Minnesota

State: Minnesota



The Artistic Self-Advocacy Movement

About My Project

- My goal was to create art workshops that explore the power of art as a form of self-advocacy.
- I created painting and poetry workshops to bring my community together.
- It was amazing!



The Artistic Self-Advocacy Movement



The Artistic Self-Advocacy Movement



The Artistic Self-Advocacy Movement



WHAT I LEARNED AS A FELLOW

Examples:

- That I am a voice for my community. I can speak confidently and change the world!
- How to talk about my project with self-advocates and the public
- How art can be a form of self-advocacy
- How to use Canva
- How to lead a art workshop

RESOURCES CREATED

The Artistic Self-Advocacy Movement Creative Workshop Handbook

- ▶ Your guide to re-create my self-advocacy and art workshops.

The Artistic Self-Advocacy Movement Creative Workshop Handbook



Created By: Ocean C. Poet

RESOURCES CREATED

The Artistic Self-Advocacy Movement Creative Workshop Handbook sections:

- ▶ Planning the workshop
- ▶ Before the workshop
- ▶ Workshop planning tips
- ▶ During the workshop
- ▶ After the workshop
- ▶ Resources used

Plan The Workshop

Plan where you want the workshops to be held.

① Meet in-person

Decide where your meeting spot will be. What makes a good meeting spot?

- All people can access the space.
- Easy to find
- Enough room for everyone in the group
- Near public transportation
- Open and available to host your meetings



② Meet online

If you host your workshop online, you will need to think about...

- Do people need training on how to use the online tool?
- Does everyone have the technology they need?
- What program do you want to use for your meeting?
 - Facebook
 - Zoom
 - GoogleMeet
 - Microsoft Teams
 - Skype



③ Combo! Meet in person and others can join online

You would need to choose a place that would be able to provide technology.

What meeting type would be best for your workshop?

RESOURCES CREATED

The Power of Protest Art Power Point Slides

The Self Advocate Artistic Movement

Power of Protest Art Workshop



Presented By SARTAC Fellow:
Ocean C. Poet



RESOURCES CREATED

The Power of Protest Poetry Power Point Slides

The Self Advocate Artistic Movement

Power of Poetry Workshop



Presented By SARTAC Fellow:
Ocean C. Poet



SARTAC
Self Advocacy and Beyond



RESOURCES CREATED

Poetry Book

YOUR ART IS
YOUR WORDS,

YOUR WORDS
ARE YOUR ART,

YOUR ART IS
YOUR PROTEST!

Poems From: The Protest
Poetry Workshops

RESOURCES CREATED

Poetry Book

What Self Advocacy Means To Me

Self-advocacy to me means having a voice and sticking up for what is right

Self-advocacy to me means having a voice in my community and not being hidden away

I advocate to keep my staff

I advocate to be paid a livable wage and keep my benefits

I advocate for my right to love and to be married

I will continue to advocate for myself to matter how long it takes

My voice matters

Your voice Matters

I believe anyone can be a self-advocate.

Written by: Jeff White

LEADERSHIP & POLICY RESULTS

- Listening is very important when it comes to leadership.
- Communication is also important.
- Making sure the language spoken or written is plain and understood.
- Team work helps to shape one's leadership.

LEADERSHIP & POLICY RESULTS

- Giving people a platform so their voices can be heard is a form of leadership.
- Art is a powerful form of art advocacy
- I made new contacts that have connected me with LGBTQIA support group.

WHAT WAS THE ROLE OF THE HOST?

- Met weekly with Ocean to keep track of the project
- Provided a space and materials for the workshop
- Set up the Zoom meetings for virtual participation
- Communicate with participants to get the photo release forms
- Helped Ocean fill out a Microgrant to get a computer desk and bed frame.
- Our organization has learned so much!



EMPLOYMENT RESULTS OR GOALS

- What did this project teach you that you would like to develop into a career?
 - I would like to continue to hold workshops on self-advocacy for people with disabilities using art. Especially to transgender youth.
 - I will be applying for a grant to create a film that centers disabled people in the LGBTQ community.
 - I've been speaking to the Director of "Film North" to get a mentorship.
 - I am going to be a part of the Equity and Justice Committee at The Arc Minnesota.