SARTAC Fellows:
Advancing Self Advocacy through LEADERSHIP AND POLICY
Fellowship Project:
“The Artistic Self Advocacy Movement”

Host: Brittanie Hernandez-Wilson, The Arc of Minnesota

State: Minnesota
About My Project

• My goal was to create art workshops that explore the power of art as a form of self-advocacy.
• I created painting and poetry workshops to bring my community together.
• It was amazing!
The Artistic Self-Advocacy Movement
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The Artistic Self-Advocacy Movement
WHAT I LEARNED AS A FELLOW

Examples:

- That I am a voice for my community. I can speak confidently and change the world!
- How to talk about my project with self-advocates and the public
- How art can be a form of self-advocacy
- How to use Canva
- How to lead a art workshop
RESOURCES CREATED

The Artistic Self-Advocacy Movement Creative Workshop Handbook

► Your guide to re-create my self-advocacy and art workshops.
The Artistic Self-Advocacy Movement
Creative Workshop Handbook sections:

► Planning the workshop
► Before the workshop
► Workshop planning tips
► During the workshop
► After the workshop
► Resources used
RESOURCES CREATED

The Power of Protest Art Power Point Slides

The Self Advocate
Artistic Movement

Power of Protest Art Workshop

Presented By SARTAC Fellow: Ocean C. Poet
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The Power of Protest Poetry Power Point Slides

The Self Advocate Artistic Movement

Power of Poetry Workshop

Presented By SARTAC Fellow: Ocean C. Poet
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Poetry Book

YOUR ART IS YOUR WORDS,
YOUR WORDS ARE YOUR ART,
YOUR ART IS YOUR PROTEST!

Poems From: The Protest
Poetry Workshops
RESOURCES CREATED

Poetry Book

What Self Advocacy Means To Me

Self-advocacy to me means having a voice and sticking up for what is right.
Self-advocacy to me means having a voice in my community and not being hidden away.
I advocate to keep my staff.
I advocate to be paid a livable wage and keep my benefits.
I advocate for my right to love and to be married.
I will continue to advocate for myself to matter how long it takes.
My voice matters.
Your voice Matters.
I believe anyone can be a self-advocate.

Written by: Jeff White
• Listening is very important when it comes to leadership.

• Communication is also important.

• Making sure the language spoken or written is plain and understood.

• Team work helps to shape one's leadership.
Giving people a platform so their voices can be heard is a form of leadership.

Art is a powerful form of art advocacy.

I made new contacts that have connected me with LGBTQIA support group.
WHAT WAS THE ROLE OF THE HOST?

• Met weekly with Ocean to keep track of the project
• Provided a space and materials for the workshop
• Set up the Zoom meetings for virtual participation
• Communicate with participants to get the photo release forms
• Helped Ocean fill out a Microgrant to get a computer desk and bed frame.
• Our organization has learned so much!
What did this project teach you that you would like to develop into a career?

• I would like to continue to hold workshops on self-advocacy for people with disabilities using art. Especially to transgender youth.

• I will be applying for a grant to create a film that centers disabled people in the LGBTQ community.

• I’ve been speaking to the Director of “Film North” to get a mentorship.

• I am going to be a part of the Equity and Justice Committee at The Arc Minnesota.