EVERYDAY ARTIST
A HANDBOOK FOR PEOPLE WITH DISABILITIES WHO WANT A FUTURE IN THE ARTS
WILLIAM BREWER
This Book was written by William C Brewer III with help from fellow host Erin Morse.

Cover Art by William C Brewer III.

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About The Author

My name is William Brewer and I am an artist. I have Autism. Another name I like is Autisarian. I was born on October 12th, 1985. I learned how to paint in the year 2015. The first painting I made was with a nice art teacher named Melissa Walko. I painted a pin-cushion and thread. I felt excited and happy when I did it for the first time.

I met another art teacher, Erin Morse, in the year 2016. That same year I got a cell phone. I started taking pictures of my art with my cellphone. I then started an Instagram account, sharing my art. That same year, I sold my art at the Everyday Lives conference, that is when I learned I wanted to work as an artist.

In November 2018, I sold my art at a holiday festival at a shared studio space called Utility Works. In 2019, I made a choice and signed up to have my own studio in Utility Works.

From when I started going to my own art studio to now, I learned how to design t-shirts, clocks, cartoons, graphic design, work with clay, operate a kiln, teach art, and design my own website.

I applied for a fellowship from the Self Advocacy and Resource Assistance Center (SARTAC) in 2019 but I didn't get it. In 2020, I applied for SARTAC again. In February of 2020 I won the SARTAC grant. If you work hard, try your best and try your best again you can be great.
I want the person who is reading this book to learn about becoming an artist like myself. Art makes me so happy, I hope from this book you feel good, happy, and confident.

- William Brewer

December 1st, 2020
ART ACTIVITIES FROM HOME
Craft Kit: DIY Weekly Planner

Supplies:

- Restaurant card holder (this could also be a folder)
- Fabric square
- Glue
- Scissors
- Chalkboard label
- Chalk or acrylic marker
- Days of the week stickers (you could also write them out with the marker)
- Small writing pad (don't have one? Neither did we! We folded over paper and sewed them together, you can also staple them)
1. Lay out supplies in front of you.

2. Glue down the sides of the notebook, we ironed them down ahead of time so you should see two folds at each end when you open your kit.

3. Start glueing the fabric to the card holder.

5. Get a pair of scissors and cut any loose ends off.

6. If you are using the kit we sent, we already glued the notebook inside the card holder for you because it requires very strong glue.

7. Take the days of the week sticker and arrange them how you want (you can also write them in with the acrylic marker).
8. Take the chalkboard label and place it on the cover.

9. Dab the acrylic marker a few times on a piece of paper/paper towel until you start to see color flow!

10. Write your name and viola! You’re done :)}
Flip Cup Painting
(photos by Joshua Harper)

Supplies:
- Canvas
- At least three paint tubes
- Soap
- Water
- Plastic cups (get a cup for each color and then one for mixing them all together)
- Paintbrush (or something to mix the paint)
1. Lay out supplies in front of you.

2. Put out all of the colors you want to use in front of you.

3. Get a cup out for each color. In each cup put a small amount of soap and water (one-two drops of soap, one-two spoonfuls of water).
4. Mix each color (IMPORTANT: do **NOT** mix colors with the same brush! It’ll make it muddy. Clean it after each color!).

5. Get out another cup.

6. Start pouring colors in the cup, one at a time. Lay the canvas out.
7. When you’re done, -and this is the important part- flip the cup very fast onto the canvas so it’s upside down and the paints aren’t out yet. If it's easier, place the canvas ON TOP of the cup, holding the cup flip both of them upside down!

8. Tap on the top of the cup a few times.

9. Bring the cup up and down. If you don’t get the painting you want, you can try this many times until you’re happy!

10. Here you go! You’re done :)}
Make a Clock or Sign

Supplies:
- Canvas/wood piece
- Acrylic marker
- Paintbrush
- Paint (how much/how many colors is up to you)
- (If you’re working with wood and want to make a clock) screw gun, drill bit (depending on the size of your clock pieces will change the bit size)
- (If you’re making a clock) clock pieces, you can find the sets on amazon for about $8-15
- Batteries if making a clock
1. Lay out supplies in front of you.

2. Start painting on your wood or canvas.

3. Let it dry.

4. Poke or drill a hole through the canvas or wood (If you’re making a clock and don’t want to use a drill, work on a piece of canvas, it will be a lot easier to poke a hole through it).
5. Use acrylic markers to write out the sign or numbers for the clock.

6. If making a clock, put in the clock set, add in batteries.

7. And viola! You’re done :)
**DIY Resin Knob**

**Supplies:**
- Resin set (Resin A and B Hardener)
- Silicone cupcake mold
- A cup
- A popsicle stick
- Long flathead screw
- Glitter/ buttons (whatever you would like to decorate with)
- A table/flat surface you can leave it on to dry
1. Lay out supplies in front of you.

2. Lay the cupcake mold on a flat and even surface (like a clean table).

3. In a cup mix together the resin set (A and B), make sure it is the same amount (it doesn’t have to be perfect but you do want it to be close).

4. Pour it in the cupcake mold.
5. Mix in beads, buttons, and whatever you would like to put in!

6. Put the screw in the middle.

7. Let it sit for at least one day.

8. When it has been 24 hours, pull your mold out and now you have a cabinet mold, great job!
Suggested Supplies if You Want to Craft at Home

Printing on T-Shirts:

- Silhouette Machine or Cricut Cutter (about $220-350)
- T-shirts (you can find a nice variety on Amazon or Michael’s)
- Fabric markers (note: they do not usually show up well on dark colors, so make sure you try them out with light colors t-shirts first).
- Heat transfer (kind of vinyl you can print on t-shirt, they usually go for $2 a sheet or $40 for a 20-pack).

Painting:

- Canvas (I would suggest at least 11x14” for size, you can find a pack of them online or at Michael’s)
- Acrylic paint set (if doing flip up you can get a bunch at the dollar store so you’re not breaking your bank)
- Acrylic markers
- Sketch pad
- Watercolor paper
- Watercolor markers
- Watercolor paints
Miscellaneous:

- Air dry clay (if you’re interested in clay but haven’t tried it yet, this is a great way to practice clay molds and have it dry naturally)
- Fabric spray paint, stencils, and t-shirts (if you like working with stencils and want to print t-shirts this is a great way to start!)
- Embroidery kit (if you haven’t tried sewing but are interested, an embroidery kit is a great way to practice and have fun!)

See the supplies in the sample shopping list below:

https://www.amazon.com/hz/wishlist/ls/1257F57ETA7O4?ref_=wl_share

Reading this on printed paper? Go to our facebook page and it will be there, or email everydayartist2020@gmail.com
STARTING OUT ON SOCIAL MEDIA
How to Photograph your Art

When you are sharing your pictures, you want to make sure they are taken nicely. What do we mean by this?
We mean...

Taking a picture of your artwork without a lot of things in the background,

that isn't crooked,

or blurry!
If you do have some items in your background, you can also edit the photo. Click Edit.

And use the crop tool (see it at the top of the picture), with the crop tool you can cut out what you DON’T want.

Remember, practice makes perfect so practice taking pictures and have fun!
Internet Safety

If you want to start a social media page and start sharing your art, it is important to be safe! We added some tips and resources.
When you are starting your own account on Facebook or Instagram, you can use your real name or a fake one.

When you are sharing information about yourself, you should be careful! Do NOT share information about where you live, your phone number or other information that you're not comfortable sharing.
If someone you do **NOT** know tries to message you and ask you questions that do not have to do with your art or you're not comfortable talking to you can block that stranger.

If you are starting a Facebook or Instagram account for your business, you should **NOT** Share personal things or pictures.
Starting a Facebook Account

When you are starting a business on social media, first start a Facebook account. First, go to Facebook.com.

When you are signing up on Facebook, ask someone you trust to help you write down your email and password.
Once you set up your profile, you need to start a business page! Go to The page icon in Facebook

Set up your business page, find a good picture of your logo, add a username that is closest to your business name.
When you set up your business on Facebook, you should set it up on Instagram. Go to Instagram.com. Follow the video link at the bottom to set up an account. You can then link it on Facebook!

Go back to facebook and link your Instagram with your Facebook! Now you’re posting twice with less work.
When you post a picture of your art, add a word with a #.

Some of the #'s I use are:

#art #phillyart #artautism #painting.

hashtags can include a city you live in/close to, the kind of art you're making (such as painting, clay, etc.) and your job title, artist!
Other Resources for Internet Safety:

http://www.yodisabledproud.org/resources/safety-online.php


Other resources for starting an online account:

https://www.youtube.com/watch?v=9eufY-LICBq

https://www.facebook.com/business/pages/set-up

https://business.instagram.com/getting-started
ART SHOWS TO APPLY TO
At the end of this list there is an art show application to William’s Art Show, Everyday Artist. For more information, go to:

www.everydayartistpa.com

These are few annual festivals that you can apply to, if you want to expand your options go on facebook and follow art pages and get involved in your local community!

If you have any questions please email williambworld@gmail.com
1. Lansdowne Avenue of the Arts
   a. https://lansdowneartsontheavenue.com/
2. Manayunk Arts Festival (you can apply for a discounted rate as a new artist if you’re accepted into their emerging artist table)
3. Uhuru Flea Market
   a. https://uhurufleamarket.blogspot.com/
4. Fairmount arts crawl
   a. https://www.fairmountaveartscrawl.com/
5. Kensington Kinetic Derby
   a. https://www.kensingtonkineticarts.org/

Reading this on paper? We can email it to you!
Everyday Artist Art Show
Application:

Everyday Artist Art Show:
www.everydayartistpa.com
Deadline: April 11th, 2021

Everyday Artist
art show application

Please answer the questions as best as you can:
Tell us about yourself.

1. Do you have an intellectual and/or developmental disability?
   - Yes
   - No
   - I’m not sure

2. Who’s filling out this application?
   - Me (myself)
   - My guardian/parent
   - A family member
   - A friend

3. What County do you live in?
   - ____________________

4. How old are you?
   - _________________

5. Can you give us a short (3-4 sentences) story about your life and art?
   (this could be tell us when and where you were born, when you started making art, what kind of art you make now and what your dreams are for the future)
   ___________________________________________________________________
   ___________________________________________________________________
   ___________________________________________________________________
   ___________________________________________________________________
Tell us about your art.

1. Are you submitting art to the art show?
   □ Yes
   □ No
   □ I’m not sure

2. How many pieces of art (the highest number you can send us is 4) are you submitting?
   □ 1
   □ 2
   □ 3
   □ 4

Go to the next page to fill out the information about your art.

1. Name of art: ___________________

   What kind of art? (painting, clay sculpture, drawing on an ipad, video, etc.):
   __________________________

   What is the size of it?
   Width: _____ inches
   Height: _____ inches

   What is the price of it?  $_____._____ 

   Do you have your artwork framed?
   □ Yes
   □ No
2. Name of art: ___________________

What kind of art? (painting, clay sculpture, drawing on an ipad, video, etc.):
____________________

What is the size of it?
  Width: _____ inches
  Height: _____ inches

What is the price of it?  $_____._____ 

Do you have your artwork framed?
  ❑ Yes
  ❑ No

3. Name of art: ___________________

What kind of art? (painting, clay sculpture, drawing on an ipad, video, etc.):
____________________

What is the size of it?
  Width: _____ inches
  Height: _____ inches

What is the price of it?  $_____._____ 

Do you have your artwork framed?
  ❑ Yes
  ❑ No
4. Name of art: ___________________

What kind of art? (painting, clay sculpture, drawing on an iPad, video, etc.):
____________________

What is the size of it?
   Width: _____ inches
   Height: _____ inches

What is the price of it? $_____._____

Do you have your artwork framed?
   ❑ Yes
   ❑ No

Please have pictures of your artwork with this application.
Everyday Artist
Artist Agreement

Name: ________________
Address:______________
City: ___________ State: _______ Zip code: _______
Phone number: _______________
Email: _______________________ 

I, _____________ agree/confirm to the following conditions/statements if my art is chosen in Everyday Artist Art Show:

1. I confirm that the artwork I’m submitting is mine and I am the sole owner of it.
2. If my artwork sells at the end of the night, I will receive the full payment. We, the Everyday Artist team do not receive any Commission.
3. The Everyday Artist team is responsible for artists’ work during the art show from 6-9pm, June 11th, 2021. We are not responsible for your art if you leave it at the gallery past the pick-up deadline.
4. The Everyday Artist team and Utility Works is not liable for any damages.

Artist Signature: __________________ Date: ______

Witness name: __________________

Witness signature: __________________ Date_______
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Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration on Intellectual and Developmental Disabilities policy. The self advocacy resource and Technical Assistance Center (SARTAC) seeks to strengthen the self-advocacy movement by supporting self advocacy organizations to grow in diversity and leadership.

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