



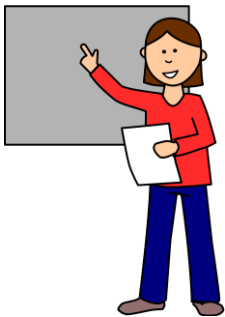
## **SARTAC Fellowships Now Open for 2024 Projects**

### **What is SARTAC?**

SARTAC stands for Self-Advocacy Resource and Technical Assistance Center. The center was created to make the self-advocacy movement stronger. We do this by helping self-advocacy groups and leaders share their ideas with others across the country.

### **What is a Fellowship?**

A SARTAC Fellowship is a one-year self-advocacy project. The project should help the



Fellow grow their own skills as a leader. The project can be a new idea to help solve problems that people have. Each project will end with a report and share what they create on the SARTAC website. Others will be able to go on the website and learn how to use the products created

in their own group. You can find out about other Fellows' projects on the [SARTAC Fellows' web page](#). Fellows will work with a supporting host organization on policy issues or project that can help develop their leadership skills. Once the project is completed the self-advocate



## How much time does it take to be a Fellow?

The Fellow will work on their project about 14 hours a month. **SARTAC pays Fellows \$5,000 to complete their 1 year project.**

## When does the Fellowship begin and end?



March 1, 2024 – February 28, 2025

## What is a Fellow?



A Fellow is a person SARTAC will work with on a project. Fellows also get to work with a group called a Host organization. SARTAC will choose 6 Fellows to do their project each year. There will be a total of 48 Fellows by the end of our Project Period in 2025. This is the 7th year SARTAC has offered the Fellowship.

## Are there rules about who can be a Fellow?

The Fellow must:

1. Have **not** worked for the Host in the past.

2. Be able to share ideas by writing or typing. The Host can support this when needed.
3. Use plain language or easy read the products they create.
4. Have 3 years as a leader. Your leadership could be with more than one group.



Some examples are being:

- Elected as president,
- A chairperson of an event,
- Starting a new group,
- Leading changes in your community.

5. Be able to join in on monthly calls and connect with other Fellows and leaders.
  - Fellows can be part of a Zoom conference calls in a way that works best for them. For example:
    - the Fellow may type in a group chat during the call or use a video relay service.

6. Present their project at the SABE National Self Advocacy Zoom meeting.

## What is a Host?



A Host is the Fellow's partner in the project. Hosts will provide direct staff support to help the Fellow meet their goals.



Staff will support things like:

- Staff experts to teach how to use a program like how to script a video and film.
- Helping set goals and timelines
- Assist with planning project action steps
- Help with research
- Help or assist with typing materials
- Filling out online reports or forms

The Host may also:

- Provide an office to work in.

Loaning the Fellow, a computer, camera, or other tools to use for their project.

The Host and Fellow will decide together what the Host will provide. They will write this in the form when they apply. The Fellow and Host can ask for support or assistance from the SARTAC team at any time.

### **Who can be a Host?**

Civil Rights groups, non-profits, government, or education organizations, like:

- State Developmental Disabilities Councils
- Disability or Human Rights groups
- Universities and colleges
- Self-advocacy or Disability Organizations
- Community Organizations

### **What else do Hosts need to know?**



Hosts are important partners in the Fellowship project. When done well, SARTAC



projects add value to the self-advocate, host organization, and the whole movement. They also build work skills that may lead to jobs. In fact, we

hope your organization will find the Fellow's work so valuable, you will want to hire them by the end!

If you are not able to hire the Fellow, you, as Host, can provide a letter of reference for the Fellow as they look for a paid position that matches their interests and skills.

### **The Host's role includes:**

The Host's role includes full, long-term support of the Fellow's project to make sure it is a success. This includes agreeing to:

- Join monthly calls with the Fellow and SARTAC staff
- Support Fellows to complete their reports
- Make sure the Fellow has met agreed upon goals before SARTAC pays them

Also, the host may want to help the Fellow with cost to go present their project at the next self advocacy conference during their time as a Fellow.

\*\*\*The Host and Fellow must fill out the Fellowship application form together. If a self-advocate has a project idea, but needs a Host, SARTAC can help them connect.

Please ask for help 2 weeks in advance to application being due, we will try to help



with any inquiries after the 2 weeks but cannot guarantee help. Please contact Candace Cunningham at [cunninghamcan@umkc.edu](mailto:cunninghamcan@umkc.edu) or call 816-235-5833 to learn more.\*\*\*

### What are some ideas for projects?

- Create a leadership training for yourself advocacy organization in plain language. Do the training. Share what you learned and how other groups can use it.
- Create a plain language guide.
- Write a guide on how to grow a state or local self-advocacy group.
- Study current trends for a policy project. Report what you think will solve problems in disability and employment, closing institutions, health care, or other areas.
- Plan a training that helps self-advocates from different cultures and disabilities who have not had much help before.
- Learn how to make new partners. Join your group with another kind of group in an advocacy project. Write a guide about what you learned working together.
- Do a research project on the history of disability rights in your state. Make a display to tell the story.
- Plan a large self-advocacy event in your state or region and write a guide on how you did it.



- Home-and Community-Based Services or HCBS waiver education for your state.
- Overall, vaccine awareness or health care education.
- Do a research project on supported decision-making legislation.

### Projects that have been successful

This is the 7<sup>th</sup> year of the SARTAC Fellowship opportunity. You can read about the past and present Fellows' projects and find examples of final products on the SARTAC website at <http://selfadvocacyinfo.org/fellows>.

### Directions for using Qualtrics to send the SABE SARTAC Project:

Please use the word document to tell us about your project. When you finish the Word document, you will need to copy and paste it into the [Qualtrics](#) online program. You will need to do this because the form program cannot be reopened after you close it. All of your work online would be lost. When you start the online form, you must finish it and send it before closing the online program. If you start the application without finishing, there is no way to go back to your application when the document is closed. In Survey, make sure to press **send** when you finish the application to make sure we get it.

***SARTAC is looking for creative and different ideas!***

### How do I apply?



Fellows should work side by side with a Host organization to fill out the [online application form](#). SARTAC will hold a “**how-to apply” SARTAC zoom meeting on Thursday, December 7th, at 1 pm Eastern time zone.** Meeting ID: 324 815 633 or call 1-929-436-2866 to answer questions. You will also be able to go back and watch the webinar later. Please visit the [SARTAC Fellows’ web page](#) for details.



Many of the Fellows have used a document in Microsoft Word down below to plan the steps of their project. To copy and paste the words into our online [form](#).

The application

If you:

- want to know more about how to do this,
- have any other questions, or
- have any problems,

please contact Candace Cunningham at [cunninghamcan@umkc.edu](mailto:cunninghamcan@umkc.edu) or call at:

816 235-5833





## When is the deadline to apply?



**January 9, 2024, 9 pm Eastern time.** SARTAC will choose Fellows and contact all applicants by February 14, 2024.

### SARTAC Fellowship application

#### **THE HOST AND FELLOW SHOULD COMPLETE THIS FORM TOGETHER.**

The Fellow and Host must agree on a project that will help both groups. Please tell us about your fellowship project idea:

**1. Title of Project:**

**2. Describe the topic:**

**3. Why it is important to the Fellow personally, the Host, and the self-advocacy movement overall?**

**4. Why is a year needed to complete the project?**

**5. Why do you want to be a SARTAC fellow?**



## SARTAC Fellowship application

### SELF ADVOCATE FELLOW INFORMATION

6. Name:

Personal Pronouns:

Phone Number:

Address:

City, State, & Zip:

Email:

DO YOU HAVE AN INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITY AS DEFINED BY THE DEVELOPMENTAL DISABILITIES RIGHTS ACT OF 2000?  
WE HAVE ADAPTED THIS DEFINITION FROM THE FEDERAL DEFINITION. IF YOU WANT TO SEE THE FEDERAL DEFINITION, CLICK HERE FOR  
[INTELLECTUAL DISABILITIES](#) AND HERE FOR [DEVELOPMENTAL DISABILITIES](#).

Yes       No       I'm not sure

\*\*\* A disability that happens before the person reaches twenty-two years old, that makes it hard to do daily life activities without help. The most common types of developmental and intellectual disabilities that states serve are cerebral palsy, epilepsy, autism, or other that may be covered check your state's definition.\*\*\*

7. Are you a leader in your local group or member of your local or state group, what was it?

8. How have you acted as a leader and for what groups? How long?



## SARTAC Fellowship application

9. If you helped develop products, what did you do? Examples of products are reports, training tools, videos, websites, social media accounts, etc.

10. If you have presented at conferences in the past, what topics did you present on? When and what conferences?

11. Can you commit to a project for one year? The project starts on March 1, 2024, and ends on February 28, 2025.  YES  NO

12. Can you commit to:

- monthly conference calls and/or update emails,
- fill out 3 progress reports and a final report, and
- attend and introduce your project at the national self-advocacy conference?

YES  NO

## HOST INFORMATION

13. **Host Organization:**

14. **Contact Person:**

15. **Phone:**

16. **Address:**

17. **City, State & Zip Code:**



## SARTAC Fellowship application

**18. Email:**

**19. Why as the host are you excited to support the fellow on their project?**

**20. What ways is the project going to support your organization's goals?**



<b>SARTAC Fellowship Timeline is your chance to tell us how you create products that will help the self-advocacy movement now and in the future</b>	
<b>Month</b>	<b>Please tell us about your basic action plan for the project:</b>
March 2024	
April 2024	
May 2024	<i>quarterly report due</i>
June 2024	
July 2024	
August 2024	<i>quarterly report due</i>
September 2024	
October 2024	<i>present presentation ***</i>
November 2024	<i>quarterly report due</i>
December 2024	
January 2025	
February 2025	<i>final report and final products due</i>

\*\*\* Subject to change depending on if and when National Self Advocacy Conference happens

**Please share two personal references for the Fellowship**



### SARTAC Fellowship application

Name	E-Mail Address	Phone

### How did you learn about the Fellowship?

***SARTAC will contact all applicants by February 14, 2024.***

***Thank you and we look forward to learning about your project idea.***