

#### SARTAC Fellows:

Advancing Self Advocacy through LEADERSHIP AND POLICY

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New Hampshire Disability: History Revisited



### What is NH Leadership?

- The Leadership Series is an 8-month series that teaches people with disabilities and their family members about advocacy.
- Leadership approaches a wide variety of subjects, including:
  - History
  - Community organization
  - Advocating for legislative change
  - And more



## Why Change Anything?

- The History session of NH Leadership covered only a small portion of disability history
- The goal of studying history is not to highlight what we did wrong or right. It is to inform us on our future actions. By studying the entirety of our nation's disability history, we will better understand how best to advocate for ourselves and one another.

## Big Activities

- Research, research, research!
- Communicate with various team members about potential key topics and themes
- Communicate with team members about which materials would best fit into the ebinder



## The Challenge

- What do I include?
- What do I not include?
- Cutting is the hardest part of the project. Too much information will cause some to miss key parts.

## What Products are Available on the SARTAC Website? (1)

- The complete New Hampshire Leadership Series eBinder for the History Session
  - Contains the following:
    - A letter discussing why we study history
    - Multiple topics of disability history, including early history, institutionalization, and legal.

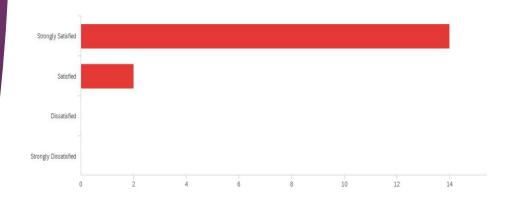
## What Products are Available on the SARTAC Website? (2)

- A complete copy of the surveys for the History Session from the 2022-2023 class
- These surveys show us the lack of quantitative data collected during the Leadership series
- They also show us the overall personal satisfaction the participants have with the past year's materials.

# Personal Reflections: Leadership Development

- Wrote a piece for the New Hampshire Disability RAPP.
- Made an impact on more sessions beyond just History within NH Leadership.

Q2 - How SATISFIED were you overall with this session?



## EMPLOYMENT RESULTS OR GOALS

- Although I have a skill for research, I do not desire a career focused on it.
- Currently applying to the New Hampshire and Maine LEND program.
- No set-in-stone long-term goals for future employment. If I am called somewhere, I will seek it out.

## WHAT WAS THE ROLE OF THE HOST?

- Helped provide research material
- Provided insight on what materials would be best to include in the final portfolio
- Offered a physical space for work
- Helped connect with potential future employment opportunities

#### Institute on Disability/UCED

