

SHOULD I GET MY CHILD VACCINATED AGAINST COVID-19?

Use this guide with the TASP video series

WHAT IS COVID-19?

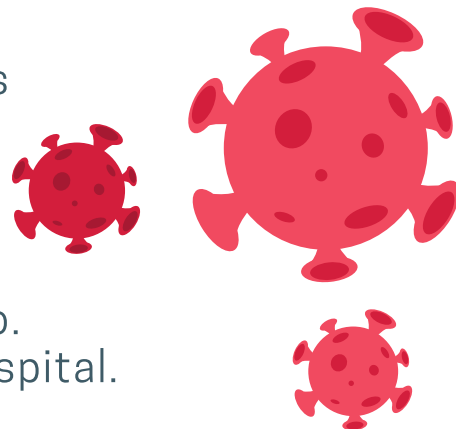
COVID-19 is a short way of saying Coronavirus Disease 2019.

It is a virus that makes people sick.

Young children and teenagers can get sick too. Sometimes they need to spend time in the hospital.

If your child gets COVID-19 they can spread it to other people.

Even after getting better, some people still feel bad.



HOW DOES COVID-19 SPREAD?

It spreads from people to people. It can spread from a cough, sneeze, or even just talking or being close together.

It spreads where groups of children or adults are together in a space.

IS THERE A WAY TO PROTECT MY CHILD FROM COVID-19?



There is a vaccine for children ages 5-18 years old!

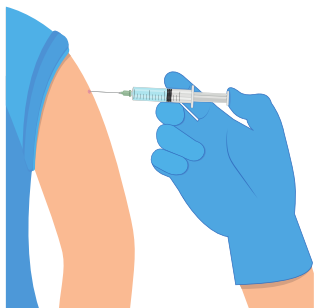
If your child is under age 5 talk to your pediatrician. A vaccine is coming soon.

Thank you to Self Advocates Becoming Empowered for their support of the Vaccine Awareness and Outreach Project as well as Self Advocacy Resource and Technical Assistance Center, SARTAC Project.

SHOULD I GET MY CHILD VACCINATED AGAINST COVID-19?

WHAT IS A VACCINE?

A vaccine is medicine. It usually comes in a shot. It protects you from getting sick. Each vaccine protects you from one illness.



The United States Government, and the Centers for Disease Control and Prevention (CDC), have worked hard to make a vaccine for children ages 5-18.

They say everyone over 5 years old should get the shot to help protect against COVID-19.

WHY SHOULD I GET MY CHILD VACCINATED AGAINST COVID-19?

The vaccine helps keep children ages 5 years and older safe and healthy.

They might still get COVID-19, but will not be as sick. They are less likely to spread it to others.



Having a child with COVID-19 can make life harder.

Children who have COVID-19 must stay home. They might be sick. They cannot go to school or daycare. They cannot run errands with you.

Getting your child vaccinated keeps your life and routine going. It makes your life easier.

Getting your child vaccinated keeps your whole family safe!

It keeps parents, grandparents, other children, and friends safe.

Thank you to Self Advocates Becoming Empowered for their support of the Vaccine Awareness and Outreach Project as well as Self Advocacy Resource and Technical Assistance Center, SARTAC Project.

SHOULD I GET MY CHILD VACCINATED AGAINST COVID-19?

IS THE COVID-19 VACCINE SAFE?

The Government works hard to make sure vaccines are safe.

The Centers for Disease Control has given the vaccine to hundreds of millions of people. Tens of millions of children ages 5-8 have also been vaccinated. That's a lot of people!

DOES THE COVID-19 VACCINE WORK?

The Centers for Disease Control says the vaccine keeps most children from getting COVID-19.

Even if a kid gets the vaccine and still gets COVID-19, they will not be as sick and will not spread it to others.



DO KIDS GET SICK FROM THE VACCINE?



Some kids say they don't feel good after getting a shot. If your child does not feel good they should get better soon.

They may tell you their arm hurts where they got the shot. The child may have a headache. Their muscles might hurt. They might have a low fever.

If your child feels sick after getting the shot, call your child's doctor to check in.

If your child had a bad reaction to a vaccine before, call your doctor before you get the COVID-19 shot. Talk to them about what to do.



Do you still have questions?

Talk to your child's doctor or another medical professional.

Thank you to Self Advocates Becoming Empowered for their support of the Vaccine Awareness and Outreach Project as well as Self Advocacy Resource and Technical Assistance Center, SARTAC Project.

SHOULD I GET MY CHILD VACCINATED AGAINST COVID-19?

REFERENCES AND RESOURCES

Vermont's Confident Care for Kids is full of information and ideas specifically for getting vaccines for children with special needs or sensory needs.

Centers for Disease Control and Prevention. The CDC is the nation's leading science-based, data-driven, service organization that protects the public's health. They have lots of information about COVID-19 vaccine and children and teenagers. Easy to read information: <https://www.cdc.gov/coronavirus/2019-ncov/easy-to-read/index.html>

Green Mountain Self-Advocates has information COVID-19, and other information, by and for people with disabilities: <https://gmsavt.org/>

The Association for Successful Parenting has compiled a list of websites and resources that have meaningful and helpful information about COVID-19: <https://achancetoparent.net>

AUCD's National Center on Disability in Public Health Video Vaccine Stories from the Disability Community: <https://nationalcenterdph.org/covid-19-vaccine-video-resources/>

Self Advocacy Resource & Technical Assistance Center is your one-stop resource for organizing and supporting self advocacy groups and has a Resources section about Health. https://www.selfadvocacyinfo.org_

Thank you to Self Advocates Becoming Empowered for their support of the Vaccine Awareness and Outreach Project as well as Self Advocacy Resource and Technical Assistance Center, SARTAC Project.