

Self advocacy start-up toolkit tip sheet

More power, more control over our lives!



Successful Self Advocacy Groups

Successful groups are fun, help you learn, and keep you active in the self advocacy movement.

Successful groups try to have three goals or reasons for coming together.

1. Goal: Be part of the community

- a. Make time for each other... to Welcome new members
- b. Make time for each other...to Invite members from the community to speak at your meeting
- c. Make time for each other...to Develop partnerships with other self advocacy groups

2. Goal: To learn new things

- a. To meet together to learn how to... Advocate to the government
- b. To meet together to learn how to... Vote and why it is important to vote
- c. To meet together to learn how to... Help myself and others

3. Goal: Advocate Human Rights

- a. To meet together to work for... Better services and programs
- b. To meet together to work for... Community living (not institutions)
- c. To meet together to work for... Real jobs with real wages