

Self advocacy start-up toolkit tip sheet

More power, more control over our lives!



Beliefs, Values, and Principles

The self advocacy movement is based on beliefs, values, and principles. They include ideas such as:

- We are people first
- We have the right to choose the services we want
- People with disabilities want to live in the community

It is important to talk about your beliefs, values, and principles when creating your own self advocacy group.

Knowing what is important to your self advocacy group will help you reach your goals.

SABE's Value statement

- People with disabilities should be treated as equals.
- People should be given the same decisions, choices, rights, responsibilities, and chances to speak up and empower themselves.
- People should be able to make new friendships and renew old friendships just like everyone else.
- People should be able to learn from their mistakes like everyone else.

Self Advocates Becoming Empowered