

SARTAC ADVISORY COMMITTEE: MOVING FROM STATE TO STATE



WE TRIED IT, AND HERE IS WHAT WE
LEARNED

JULY 29, 2021

WHAT IS SARTAC?

- Self Advocacy Resource and Technical Assistance Center
- Online clearinghouse for information
- A partnership between regional technical assistance centers
- Funded by Administration for Community Living



PRESENTERS



David Taylor

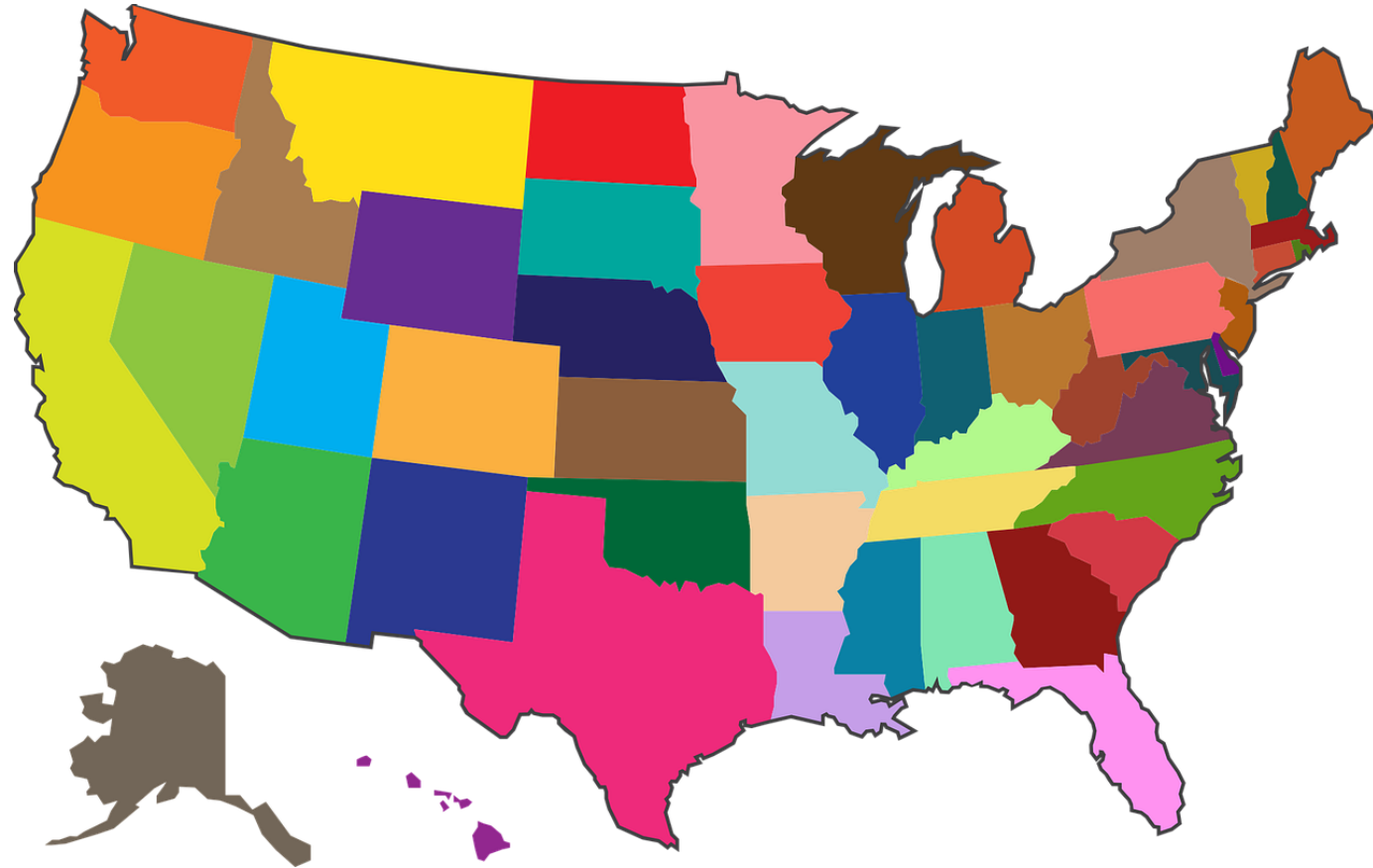


Brad Linnenkamp

LEARNING OBJECTIVES

- How important planning is when you move from state to state
- How may the move affect your services
- How you can find a self advocacy group in your new community

QUESTION: WHERE DID YOU DECIDE TO MOVE AND WHY?



QUESTION: WHAT DID YOU DO TO PLAN YOUR MOVE?

Brad

- My brother was a relator and wanted to find a house near his neighborhood and make it accessible
- Eventually, found an apartment for awhile
- People from Kansas referred me to people in Arizona to connect with

David T.

- Looked for places to live before moving
- Saved money for deposits
- Decided what to bring with us
- Saved for travel expenses



QUESTION: HOW DID THE MOVE AFFECT THE SERVICES YOU RECEIVE?

David T.

- I did not want to continue receiving services when I move to a new state
- Once we arrived in AZ, we signed up for medical health insurance
- I get door to door transpiration, which helps out a lot

Brad

- I did not investigated as much as I should have and had a hard transition
- I did not qualify because I did not answer the questions as if it were my worst day. I had to wait 30 days to reapply
- I decided to move back to Kansas



QUESTION: DID YOU GET INVOLVED WITH THE DISABILITY COMMUNITY IN YOUR NEW LOCATION?

Brad

- I connected with Teresa Moore once I moved to connect to the self advocacy group
- I participated in some of the projects that the group was part of like what I was doing in Kansas

David T.

- I knew people from Arizona
- I connected with Teresa Moore and she talked to me about opportunities
- Since I was a board member of TASH, I became involved with the TASH chapter at NAU

QUESTION: WERE YOU ABLE TO STAY IN YOUR NEW LOCATION?

David T.

- Survived 7 months
- Not as easy
- The cost of living is high, I am glad I have a roommate
- I am working harder to live
- I am pushing myself to do things and making decisions

Brad

- No
- Not being employed
- No services
- Not connected with people who could help me
- Not well as I planned
- If I decide to move back, it would be better because of what I know now

QUESTION: WHAT EXPERIENCE DID YOU GET FROM THE MOVE?

Brad

- Realized what I had in Kansas
- Different services in each state, I was more comfortable in Kansas and was able to get my services when I returned
- I learned a lot about myself and a better person

David T.

- I want a better life
- Stepping outside my comfort zone
- I wanted change

LARGE GROUP QUESTIONS

- Has anyone thought about moving to another state?
- Does anyone have a similar experience?
- Does anyone have a good experience?



RESOURCES

Resources for self advocacy groups can be found at www.selfadvocacyinfo.org

