

What the Heck is VT LEND?

Explore a new Opportunity – the VT LEND Program at UVM

SARTAC PRESENTATION

DATE: MARCH 25, 2021 TIME: 1:00-2:00 PM



Welcome and Introductions

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- ▶ Who we are!
 - ▶ Stirling Peebles, 2nd Year LEND Trainee
 - ▶ Mary Alice Favro, Training & Clinical Director of VT LEND
 - ▶ Skye Peebles, Public Health Faculty at VT LEND
 - ▶ Bidur Dahal, Education Coach & Outreach Professional
- ▶ We all live in Vermont.



Introduce yourselves!

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- ▶ Who are you?! Please say hello in the chat box.

What is VT LEND?

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Leadership Education in Neurodevelopmental Disabilities



Photo from
<https://www.uvm.edu/honorscollege>

How long is VT LEND?

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- September – May (9 months)
- At UVM (but is remote/ online so you can be anywhere)



Photo by [Waldemar Brandt](#) on [Unsplash](#)

What do you do in LEND?

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- 2 Classes – one in fall & one in spring
- 10 Monday afternoon trainings
- Have a faculty mentor
- Write a Leadership Goal Plan
- Internship
- Learn about policy, advocacy and how laws are made



Photo by [STIL](#) on [Unsplash](#)

Who can be a Trainee in VT LEND?

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- Self-Advocates
- Teachers
- Nurses or health professionals
- Family members
- Social Workers
- Physical or occupational therapists
- Speech Language Pathologists
- Direct Support Professionals
- And more!



Who can be a Trainee in VT LEND?

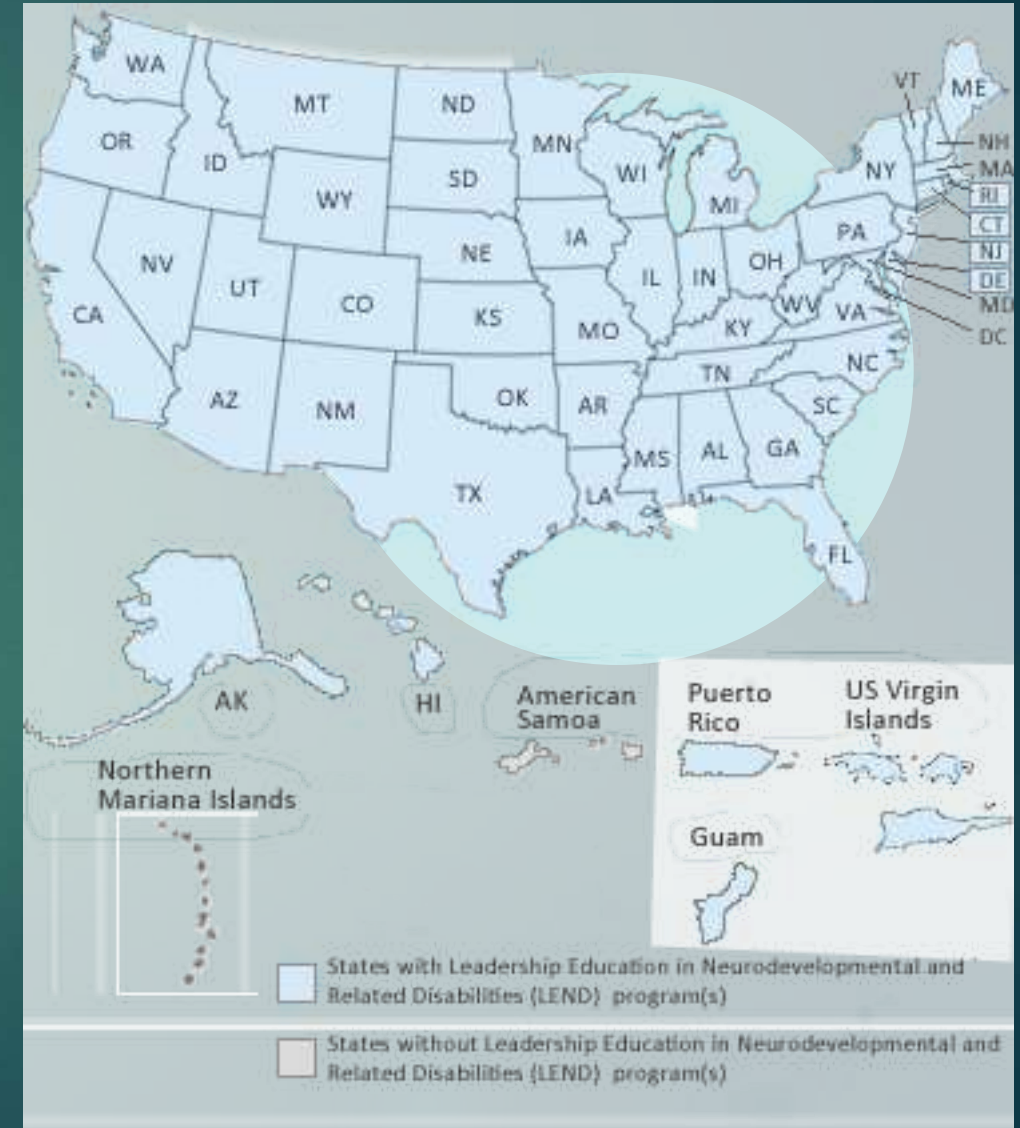
8

VT LEND takes 12 trainees each year

- This can be your first college experience
- You can keep working while you are in VT LEND
- You can live anywhere in the U.S. or U.S. territories

Even if there is a LEND
in your own home state
or territory,
you can
apply to be part of
VT LEND!

Map of LEND Programs by
State (from
<https://www.aucd.org/directory/directory.cfm?program=LEND>)





Education Coach

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- ▶ Writes class materials in plain language
- ▶ Meets with trainees one on one
- ▶ Offers help and coaching with class assignments (like book report)
- ▶ Supports trainees to be organized and manage their time/ schedules. (Time management is key!)
- ▶ Helps with Student Accessibility Services Office



Hot Topics about VT LEND!

Working with people from different cultures & Person centered care	Disability rights	 Is it free?? 
Policy and advocacy (speaking up)	VT LEND Hot Topics!	Mentoring
Being a Leader	Having a Disability	Teamwork

Working with people from different cultures

&

Person Centered Care



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Photo by [Andrew Butler](#)
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Policy and Advocacy – also known as Speaking Up!

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Standing outside Sen. Bernie Sanders

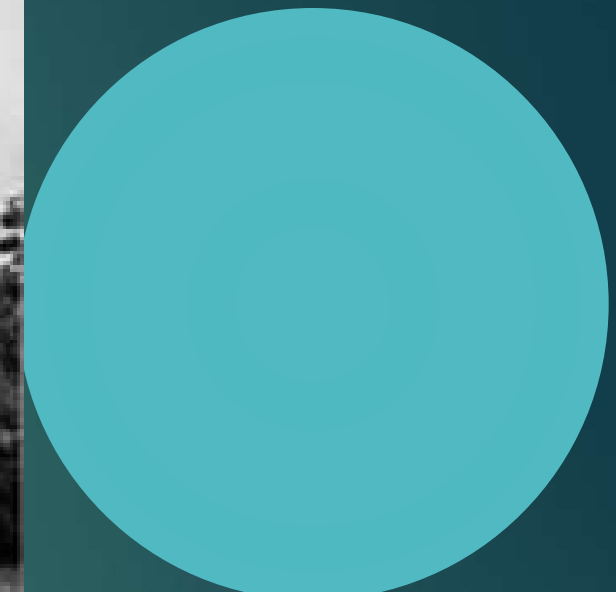


Meeting with Sen. Patrick Leahy

Being a Leader



Disability Rights



Brandon Training School Dorm (photo from <https://ddsd.vermont.gov/brandon-training-school>)

Having a Disability



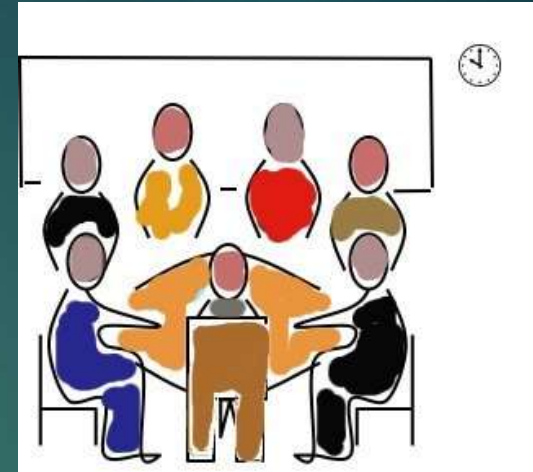
Is VT LEND free?

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- ▶ Each person gets paid a stipend
- ▶ VT LEND pays for the 2 online courses everyone takes (pays tuition)
- ▶ Trainees/fellows go to one conference: the AUCD conference.
 - ▶ VT LEND will pay for the conference registration.
 - ▶ If the conference is in person, the money for travel, hotel and food will come from your stipend.



Mentoring



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Trainees & Fellows 2020-21



Faculty & Staff 2020-21



Teamwork



VT LEND giving a presentation

What are your questions?

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VT LEND Contact Information

- ▶ VT LEND Website: <http://www.med.uvm.edu/vtlend/home>
- ▶ Learn how to Apply: <http://www.med.uvm.edu/vtlend/applying>
- ▶ Phone: (802) 656-0204
- ▶ Email: Ivania Mangas ivania-belen.ruiz-mangas@med.uvm.edu

