

#DISABLEDIAM

# DISABLED I AM

## How to Help Your Group Be More Inclusive



*Image description: a heart shaped by a group of people in different colors*

Looking ways to make sure people from various backgrounds feel welcomed in your self-advocacy group? SARTAC has resources where you can check to see if you are doing to the things to include more people in your group and understand their cultural backgrounds.

*Inclusion and Respect for Different Cultures:*

<https://selfadvocacyinfo.org/cultural-competence/>

*Toolkit Summary:* <https://selfadvocacyinfo.org/resource/2021>

*Toolkit (PDF File):* <https://selfadvocacyinfo.org/wp-content/uploads/2021/03/A-Tool-to-Help-Your-Group-Be-More-Culturally-Competent-final.pdf>



**SARTAC**  
Self Advocacy and Beyond

