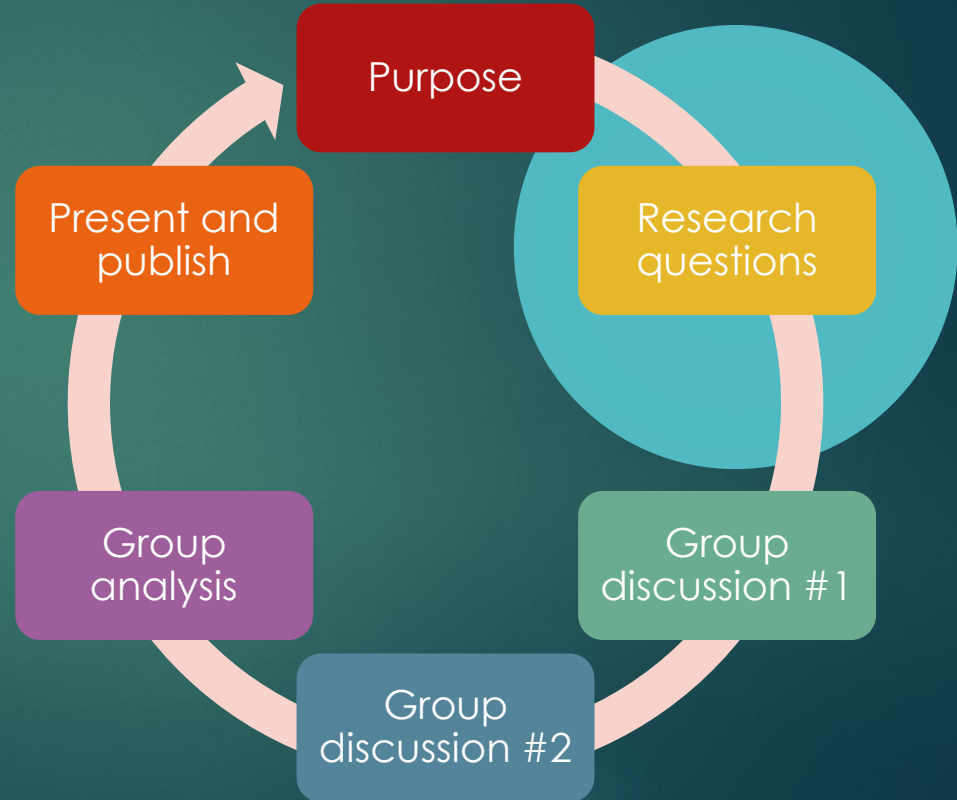




Self-Advocacy Research Project

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What We Did and Where We Are Now



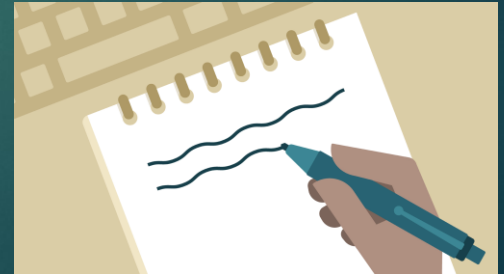
Definition of Self-Advocacy

↳ Speaking up for yourself and others.



Different Ways We Self-Advocate

- ↳ Sharing people's stories
- ↳ Gathering data and information
- ↳ Educating people about issues and concerns
- ↳ Talking to policy makers
- ↳ Organizing for political power
- ↳ Voting



Disability-Specific Discrimination



- ↳ The definition is: being treated differently because you have a disability and are not being included because you have a disability.

Disability-Specific Discrimination

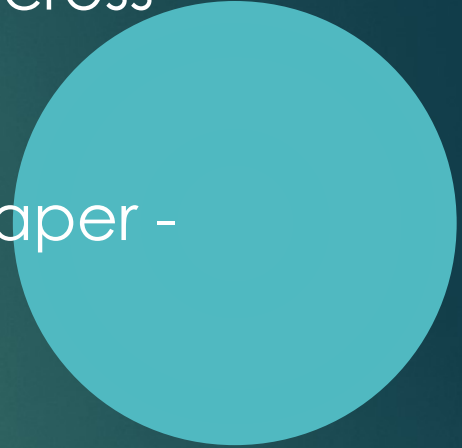


Here are some examples:

- ↪ Keeping people with disabilities away from society, like in institutions.
- ↪ Labeling people with disabilities, like treating adults with disabilities as forever children.
- ↪ Negative attitudes about disability, like making fun of people or not allowing them to make their own decisions.
- ↪ Lack of working together, like when the disability community doesn't work together.

Solutions

- ↪ Working together (building coalitions across communities)
- ↪ Educating people (writing a position paper - legislatures, organizations)
- ↪ Advocating to change laws
- ↪ Showing how to advocate to all generations
- ↪ Leadership training



Solutions

- ↵ Sharing experiences and stories
- ↵ Changing people's ideas about disability
- ↵ Joining disability organizations and getting involved
- ↵ Speaking up
- ↵ Not giving up
- ↵ Voting



Breakout Room Discussion Questions

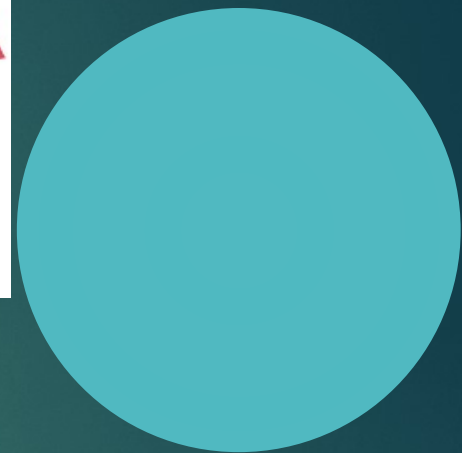
- ↴ What does self-advocacy mean to you?
- ↴ What does self-advocate mean to you?
- ↴ What does the self-advocacy movement mean to you?
- ↴ What are current problems you face with self-advocacy?
- ↴ What are solutions?
- ↴ How do we keep the self-advocacy movement alive?



Collective Share Out



THANK
YOU!



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