A Self-Advocate’s Guide to COVID-19

The Coronavirus or COVID-19 is changing our lives in many ways for a while. As of March 9, 2020, Green Mountain Self-Advocates has been co-hosting 3 zoom meetings a week for and by people with intellectual and developmental disabilities. In response to our conversations we have created this toolkit about the Coronavirus written in plain language. We focus on “need to know” information. Our goal is to for people with intellectual and developmental disabilities to have plain language information during this national crisis.
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