



Helpful resources to get started with Supported Decision Making



- 1) The South Carolina Supported Decision Making Project
Supported Decision Making Manual for Individuals and Families

<http://scsupporteddecisionmaking.org/wp-content/uploads/2019/03/TheSupportedDecisionMakingModelManualforIndividualsandFamilies-FINAL.pdf>

- 2) The Disability Law Center
Massachusetts Protection and Advocacy
Alternatives to Guardianship

<https://www.dlc-ma.org/wp-content/uploads/2017/12/Alternatives-to-Guardianship-and-Guardianship.pdf>

- 3) UC Davis MIND Institute
Videos on Supported Decision Making

<https://www.youtube.com/watch?v=i0jd-J9Lozs&list=PLQnwECjj19Tq5rrozCTF8hddSWpX4usE>

<https://www.youtube.com/watch?v=5r4uNKFMVAc&list=PLQnwECjj19Tq5rrozCTF8hddSWpX4usE&index=2>

<https://www.youtube.com/watch?v=gN7ZqRf-DnE&list=PLQnwECjj19Tq5rrozCTF8hddSWpX4usE&index=3>

<https://www.youtube.com/watch?v=4ibel7goeEQ&list=PLQnwECjj19Tq5rrozCTF8hddSWpX4usE&index=4>



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4) The Arc – Letter to my doctor

<https://thearc.org/wp-content/uploads/forchapters/Making-My-Own-Health-Care-Decisions--A-Letter-for-to-My-Doctors.pdf>

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The Self Advocacy Resource and Technical Assistance Center (SARTAC) seeks to strengthen the self-advocacy movement by supporting self advocacy organizations to grow in diversity and leadership. The resource center is a project of Self Advocates Becoming Empowered (SABE), the oldest national self-advocacy organization in the country. SARTAC is a Developmental Disabilities Project of National Significance, funded by the Administration For Community Living – Administration on Intellectual and Developmental Disabilities (AIDD). The information in this product was written to provide guidance for self advocates and their allies to assist in understanding policy issues affecting their lives. It is not to be used to determine a person's legal rights or an organization's legal responsibilities under Section 504 of the Rehabilitation Act of 1973, as amended; the



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Americans with Disability Act of 1990, as amended or any other federal, state or local laws written to protect the rights of people with disabilities.