SELF ADVOCACY STARTUP TOOLKIT
MORE POWER, MORE CONTROL OVER OUR LIVES!

January 2019
WHAT IS SARTAC?

• Self Advocacy Resource and Technical Assistance Center
• Online clearinghouse for information
• A partnership between regional technical assistance centers
• Funded by Administration for Community Living
SARTAC ADVISORY COMMITTEE

• 12 person advisory committee
• Help create best practice tools
• Provide ideas and advice about issues
• Help write papers about issues
SELF ADVOCACY STARTUP TOOLKIT

• What is self advocacy?
• The history of the self advocacy movement
• Materials for starting your own group
• Working on issues
• Self advocates and self-determination
• Advisor issues
• Resources
WHAT IS SELF ADVOCACY?

- What is self advocacy?
- Who is considered a self advocate?
- Beliefs, values, and principles
HISTORY OF SELF ADVOCACY

• A brief history of the self advocacy movement
• History of Self Advocates Becoming Empowered
• Partners in the DD network
STARTING YOUR OWN GROUP

• Reason for starting your own self advocacy group
• What makes a good leader
• Picking leaders for your group
• How to support your group
WORKING ON ISSUES

• What are issues?
• Working together to solve problems
• Picking issues to work on
• Strategies for working on an issue
SELF-DETERMINATION

• What is self-determination?
• The four principles of self-determination
WORKING WITH ADVISORS

• What makes a good advisor?
• Picking an advisor for your group
• Choosing a new advisor
Resources for self advocacy groups can be found at [www.selfadvocacyinfo.org](http://www.selfadvocacyinfo.org)
WHAT PART OF THE TOOLKIT DO YOU FIND MOST HELPFUL OR INTERESTING?
Find out more about the Self Advocacy Resources and Technical Assistance Center by visiting

www.selfadvocacyinfo.org