Why is it Important for Someone with an Intellectual/Developmental Disability Serve on a Human Rights Committee or other board?

- To let their voice be heard
- Learn how to advocate for themselves and others
- Good experience!
- Learn new things
- Important to know your rights

My Values and Beliefs

- Mistakes are okay—learn from them
- You can protect your own rights and you can protect the rights of others
- People with disabilities have the power to change things and make things better for you and others
- People can help you but remember that it’s always your decision for what you want to do

Steven’s Advocacy Guide

Why it is important to me to serve on a HRC
- I want to make sure my voice is heard.
- Too many people make decisions about me, without me.
- People with disabilities have a right to make their own decisions.
- People with disabilities should set their own goals and make a plan for themselves.

Supports I need to serve on a HRC
- Large print materials.
- Meeting with me before to go over materials.
- Someone I am paired with at the meeting.
- Phone calls and email to tell me when the meetings are scheduled.
- Transportation
LIFE TRAJECTORY WORKSHEET: **Steven Powe**

**STEPS I need to take to be a strong member of a Human Rights Committee:**

- Learn more about Human Rights Committees
- Get a mentor who has served on a Human Rights Committee
- Serve on a Human Rights Committee
- Go to meetings and take notes
- Speak Out!

**Teach others how to be on Human Rights Committees**

**MY VISION**

**WHY I WANT TO BE ON A HUMAN RIGHTS COMMITTEE:**
- Fight for social justice and win always
- Make sure my voice is heard
- Serve on Boards
- Make sure people with disabilities are treated with respect and dignity like everyone else

**WHO CAN HELP:**
- Friends
- Family
- People in the community who service people with disabilities
- People who have served on Human Rights Committees

**DISLIKES**

**WHAT I DON'T WANT:**
- People to make decisions for me without me
- To be treated like a stranger
- To not be safe in my community
- To be treated like a baby